



**SASKATOON**  
CHRISTIAN SCHOOL

## SPRING CANOE TRIP PACKING LIST

### PERSONAL ITEMS

Running shoes (2 pairs) or rubber boots	Long pants – 2 pairs
<b>Good quality rain jacket &amp; pants</b> (ponchos not recommended)	1 long-sleeved warm shirt
2 t-shirts	1 sweatsuit for sleeping
1 windbreaker jacket (or use your rain jacket)	3 pairs of underwear
1 warm sweater (such as wool)	1 pair of long underwear (to layer for warmth)
1 pair of light gloves	1 sun hat
3 pairs of lightweight socks	1 pair of sunglasses (to protect from UV)
1 warm sleeping bag	Hot pockets (Canadian Tire, Walmart, Cabellas)
1 sleeping mat (to keep the ground from draining your body heat)	Toiletry Kit (toothbrush, biodegradable soap, towel, chapstick, <b>sunscreen</b> , hand lotion, insect repellent)
1 water bottle	Medications must be submitted to your teacher with the <a href="#">Medication Dispensation Form</a> attached to the medication.
1 toque (for warmth at night)	1 flashlight

### GROUP EQUIPMENT

(Supplied by SCS)

Spatula, large spoon	Large and small pots (1 ea)	Bowl, cutlery, cup	Dish soap, cloth, scrubber
1 Garden trowel	50 feet of ¼ inch rope	tarp	Repair and tool kit
Leather fire mitts	Light-weight frying pan	Fire grill	Stove & fuel (1 litre/person/week)
tent	Duct tape	Waterproof matches/lighter	Canoe (bailer, sponge, throw bag)
Grab loops, painters (2)	whistle	Maps, map case, compass	Paddles (3/canoe)
Life jackets	Dry bags (one/student)		

### OPTIONAL EQUIPMENT

Reading material	Swimsuit	Disposable camera in waterproof bag
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### PLEASE DO NOT BRING:

Electronic equipment	Knives (may result in suspension)	Matches	Food/snacks
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### PLEASE NOTE:

- **Your gear must be well waterproofed.** Your legs may get soaked when paddling, so dress accordingly.
- Equipment list is for -5 degrees Celsius.
- If you need to borrow equipment, speak to Mr. Long. SCS has some items that can be lent out.